Individual Bio data



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Qualification	:	M.P.Ed., M.Phil., PGDY (Yoga)., PGDFN (Fitness and Nutrition)., PGDSF (Silambam and Fencing)., Ph.D.
Field of Specialization	:	Sports Training
	:	**Major** : Sports Medicine
	:	**Specializing Field** : Kho-Kho, Kabaddi and Mallakhamb
Experience (in Years)	:	10 months
Current Projects	:	Nil
Completed Projects	:	Nil
Research Publications	:	1. **D.Natarajan**and I.Lillypushpam (2011). Effect of plyometric training and circuit training on selected motor ability components among college level men volley ball players. *Journal of Physical Education Sports and Allied Disciplines,* 2(2):48-54. 2. **D.Natarajan** and M.Janarthanan (2012). Effect of rope asanas and mallakhamb exercises on selected psychological variables among college men students. *Journal of Physical Education and Allied Health Sciences,* 2(1):55-60. 3. **D.Natarajan**, Dr.LillypushpamDr.V.Muruguvalavan (2012). Effect of rope asanas and mallakhamb exercise on selected haematological and physiological variables among college men. *Journal of Physical Education and Sports Science*, 2:132:133.

		4. **D.Natarajan**, Dr.Lillypushpam and Wins (2012). Effects of yogic practice and treadmill training on selected physiological variables among college women students. *Journal of Physical Education and Sports Science*, 2:304:306. 5. **D.Natarajan** and P.Vinoth Kumar (2014). Effect of plyometric training on speed and strength of sedentary college men. *International Journal of Physical Education Sports Management and Yogic Sciences,* 4(4): 43-47. 6. **D.Natarajan** and Dr.V.Muruguvalavan (2015). Effect of mallakhamb and tai chi training on selected health related physical fitness variables among men inter collegiate kabaddi players. *Journal of Physical Education and Allied Health Sciences,* 5(2):27-31. 7. **Dr.D.Natarajan**(2017).The effect of tai chi training on cardiovascular Endurance and flexibility in young males. International Journal of Adapted Physical Education & Yoga, 2(12):1-5.
Honours & Awards	:	Dr.NavarajChelliah Best Mallakhamb Coach Award in the year 2016.